

# Pregnancy and Parenting Students Resources



OFFICE OF  
CIVIL RIGHTS &  
SEXUAL MISCONDUCT

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[ocrsm.umd.edu/pregnant](https://ocrsm.umd.edu/pregnant)

Title IX of the Education Amendments of 1972 ("Title IX"), is a Federal civil rights law that prohibits discrimination on the basis of sex—including **pregnancy** and **parental status**—in educational programs and activities.

Know your rights and know where to get support.

## Your Rights

- You must be provided with reasonable adjustments, such as a larger desk, elevator access, or allowance for frequent bathroom breaks, when necessary because of your pregnancy.
- You must be allowed to make up any work missed while on medical leave.
- You must not be required to submit a doctor's note for absences related to your pregnancy or childbirth, unless ALL students are required to submit a doctor's note for absences and hospitalizations related to physical or emotional conditions.

## Your Rights

- You must be allowed to continue participating in classes and extracurricular activities while you are pregnant.
- Absences due to pregnancy or childbirth must be excused, for as long as your doctor deems necessary.
- Your instructor may not refuse to allow you to submit work after a deadline you missed because of pregnancy or childbirth. You should be allowed to make up any participation or attendance credits you did not have the chance to earn due to your pregnancy-related absence.

## Resources for Undergraduate and Graduate Students

### Academic Adjustments

For academic adjustments, complete the identification form at [ocrsm.umd.edu/pregnant](https://ocrsm.umd.edu/pregnant).

### Accessibility & Disability Services (ADS)

Medical conditions that result from pregnancy may result in a short-term disability. Student should then register with ADS at [counseling.umd.edu/ads](https://counseling.umd.edu/ads).

### Lactation & Feeding Spaces

UMD offers private spaces throughout campus to accommodate nursing. Find lactation spaces on the Facilities Management interactive map.

### UMD Parents Listserv

UMD parents can post wants/needs, items for sale, questions, and opportunities for families around campus. Email [umdparents@googlegroups.com](mailto:umdparents@googlegroups.com) to request to join.

### Family Spaces

There is a family study room on the third floor of McKeldin Library that parents can reserve.

Find family restrooms throughout campus on the Facilities Management interactive map.

### Child & Elder Care Services

Employees and GAs: learn about family care services offered at [go.umd.edu/FamilyCare](https://go.umd.edu/FamilyCare).

The Bright Horizons Center offers care for children aged six weeks through five years.

## Office of Civil Rights & Sexual Misconduct

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