

# Resources for Pregnancy-Related Conditions

(e.g. pregnancy, childbirth, miscarriage, abortion, or recovering from/medical condition related to these conditions)



OFFICE OF  
CIVIL RIGHTS &  
SEXUAL MISCONDUCT

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[ocrsm.umd.edu/pregnancy](https://ocrsm.umd.edu/pregnancy)

Title IX of the Education Amendments of 1972 ("Title IX"), is a Federal civil rights law that prohibits discrimination on the basis of sex—including **pregnancy-related conditions status**—in educational programs and activities.

Know your rights and know where to get support.

## Your Rights

- You must be provided with reasonable adjustments, such as a larger desk, elevator access, or allowed frequent bathroom breaks when necessary because of your pregnancy-related condition.
- You must be allowed to make up any work missed while on medical leave as related to a pregnancy-related condition.
- You must not be required to submit a doctor's note for absences related to your pregnancy-related condition, unless ALL students are required to submit a doctor's note for absences and hospitalizations related to physical or emotional conditions.

## Your Rights

- You must be allowed to continue participating in classes and extracurricular activities while you have a pregnancy-related condition.
- Absences due to pregnancy-related conditions must be excused, for as long as your doctor deems necessary.
- Your instructor may not refuse to allow you to submit work after a deadline you missed because of a pregnancy-related condition. You should be allowed to make up any participation or attendance credits you did not have the chance to earn due to your pregnancy-related condition absence.

## Resources for Undergraduate and Graduate Students

### Academic Adjustments

For academic adjustments, complete the identification form at [ocrsm.umd.edu/pregnancy](https://ocrsm.umd.edu/pregnancy).

### Accessibility & Disability Services (ADS)

Medical conditions that result from pregnancy-related condition may result in a short-term disability, and students should then also register with ADS at [ads.umd.edu](https://ads.umd.edu).

### Lactation & Feeding Spaces

UMD offers private spaces throughout campus to accommodate nursing. Find lactation spaces on Facilities Management's interactive map.

### UMD Parents Listserv

UMD parents can post wants/needs, items for sale, questions, and opportunities for families around campus. Email [umdparents@googlegroups.com](mailto:umdparents@googlegroups.com) to request to join.

### Family Spaces

Parents can reserve a family study room on the 3rd floor of McKeldin Library. Find family restrooms throughout campus on Facilities Management's interactive map.

### Child & Elder Care Services

Employees/GAs: Learn about family care services offered at [go.umd.edu/FamilyCare](https://go.umd.edu/FamilyCare). The Bright Horizons Center offers care for children aged six weeks through five years.

### University Health Services

Students and employees are eligible for Gynecology, Reproductive, Genital, and Sexual Health Services at [health.umd.edu/GRGSH](https://health.umd.edu/GRGSH).

## Office of Civil Rights & Sexual Misconduct

Director and Title IX Coordinator

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