

Resources for Pregnancy-Related Conditions

(e.g. pregnancy, childbirth, miscarriage, abortion, or recovering from/medical condition related to these conditions)



OFFICE OF
CIVIL RIGHTS &
SEXUAL MISCONDUCT

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ocrsm.umd.edu/pregnancy

Title IX of the Education Amendments of 1972 ("Title IX"), is a Federal civil rights law that prohibits discrimination on the basis of sex—including **pregnancy-related conditions status**—in educational programs and activities.

Know your rights and know where to get support.

Your Rights

- You must be provided with reasonable adjustments, such as a larger desk, elevator access, or allowed frequent bathroom breaks when necessary because of your pregnancy-related condition.
- You must be allowed to make up any work missed while on medical leave as related to a pregnancy-related condition.
- You must not be required to submit a doctor's note for absences related to your pregnancy-related condition, unless ALL students are required to submit a doctor's note for absences and hospitalizations related to physical or emotional conditions.

Your Rights

- You must be allowed to continue participating in classes and extracurricular activities while you have a pregnancy-related condition.
- Absences due to pregnancy-related conditions must be excused, for as long as your doctor deems necessary.
- Your instructor may not refuse to allow you to submit work after a deadline you missed because of a pregnancy-related condition. You should be allowed to make up any participation or attendance credits you did not have the chance to earn due to your pregnancy-related condition absence.

Resources for Undergraduate and Graduate Students

Academic Adjustments

For academic adjustments, complete the identification form at ocrsm.umd.edu/pregnancy.

Accessibility & Disability Services (ADS)

Medical conditions that result from pregnancy-related condition may result in a short-term disability, and students should then also register with ADS at ads.umd.edu.

Lactation & Feeding Spaces

UMD offers private spaces throughout campus to accommodate nursing. Find lactation spaces on Facilities Management's interactive map.

UMD Parents Listserv

UMD parents can post wants/needs, items for sale, questions, and opportunities for families around campus. Email umdparents@googlegroups.com to request to join.

Family Spaces

Parents can reserve a family study room on the 3rd floor of McKeldin Library. Find family restrooms throughout campus on Facilities Management's interactive map.

Child & Elder Care Services

Employees/GAs: Learn about family care services offered at go.umd.edu/FamilyCare. The Bright Horizons Center offers care for children aged six weeks through five years.

University Health Services

Students and employees are eligible for Gynecology, Reproductive, Genital, and Sexual Health Services at health.umd.edu/GRGSH.

Office of Civil Rights & Sexual Misconduct

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